

# THE MY HERO PROJECT

## YOUTH PROGRAMS & MEDIA ARTS RESOURCES

### MY HERO JOURNALISM AND FILMMAKING WORK BOOK (HIGH SCHOOL FILM PROGRAMS)

The MY HERO Journalism & Filmmaking Workbook, written by **Jonah Steinhart**, is designed to take the mystery out of making a hero-themed documentary for high school students. The book also features a foreword by renowned global educator and author **Esther Wojcicki**, sponsor of the annual 'WOJ' Youth Reporter Award at the MY HERO International Film Festival.

MY HERO offers hands-on professional support for high school film programs interested in implementing our workbook. Included in this program is free entry to our international film festival as well as film placement on the MY HERO website.



Scan here to learn more about the new MY HERO workbook!

### ASCOT ELEMENTARY MEDIA ARTS PROGRAM

**Eight-week Program Outline — Create a short documentary about a hero with voice over & images.**

- Week One: Introduction to Story
- Week Two: Image Research & Download
- Week Three: Video Editing Basics
- Week Four: Video Editing & Voice Over
- Week Five: Music & Sound
- Week Six: Titles, Credits & Green Screen
- Week Seven: Rough Edit Review & Open Lab
- Week Eight: Open Lab, Review, Revise & Finish

**Contact Santos Herrera**  
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In partnership with  
**Lights, Camera, Learn!**  
LLC 8-Week Workshop

